

## Hillsdale County Dreat Start Collaborative

Document edited 1/2/20 Cover page updated

The <u>Resource / Referral Guide</u> is intended to provide information on health and human services available through non-profits and governmental bodies in Hillsdale County. Each page has a separate subject and is broken down into categories of need.

#### Information and Referral Trees to access the following services in Hillsdale County:

- Adult Literacy pg. 3
- Children's Literacy pg. 4
- Dentists pg. 5
- Disability Resources pg. 6
- Domestic Violence & Sexual Assault pg.7
- Early Childhood pg. 8
- Emergency Assistance pg. 9
- Financial Services pg. 10
- Food Pantries & Meals pg. 11
- Foster Care Resources pg. 12
- Health Resources pg. 13
- Healthcare & Dental for the Uninsured pg. 14
- Housing (Apartment Listing) pg. 15
- Housing Assistance pg. 16
- Mental Health pg. 17
- Mental Health Psychiatric & Counseling Providers pg.18
- Mental Health—Counseling Providers pg. 19
- Mental Health—Counseling Supports pg. 20

Hillsdale County Great Start Collaborative Community Resources Subcommittee www.greatstarthillsdale.com 517-689-1815

<u> Stefanie.rathburn@hillsdale-isd.org</u>

- National/Community Events pg. 21
- Opthamologists pg. 22
- Parent Resources pg.23 (Playgroups, Parent Groups, Car Seat Inspections, etc.)
- Physicians pg. 24—25
- Police/Fire/Ambulance pg. 26
- Prenatal/Obstetrics pg. 27
- Public Benefits pg. 28
- Senior Housing pg. 29
- Senior Resources pg. 30
- Social/Recreational/Educational Opportunities pg. 31
- Special Populations pg. 32
- Substance Use Disorder Services pg. 33-34
- Support Groups pg. 35-36
- Thrift Stores pg. 37
- Transportation & Gas Vouchers pg. 38
- Veterans Benefits pg. 39
- Volunteerism pg. 40
- Women's Health pg. 41
- Workforce Development pg.42
- Youth Services
   – School Districts pg. 43

For more information and resources:



# Are you on the front lines serving people within Hillsdale County? YOU are invited to join an online community....



The **Hillsdale County Resources** Google email group is a **FREE group** made up of knowledgeable and dedicated human services professionals and caring individuals serving Hillsdale County from all areas of human service - non-profits, children's services, hospitals, substance abuse, the homeless, seniors, the disabled, schools, public service, faith based groups, and more. This group will be utilized to send requests for help, information sharing, and occasional news.

#### Many of the agencies located in this referral guide are members of the Hillsdale County Resources Google group! Please

NAME: Hillsdale County Resources Google email group

DESCRIPTION: This free Google email group allows users to post the needs of clients, agency updates,

and upcoming events. Other members can respond to the email request and help to

identify potential resources, share upcoming event information, etc.

TO JOIN : Send your name, agency/group affiliation, and email address to **Stefanie Rathburn at** 

stefanie.rathburn@hillsdale-isd.org

TO POST: Members can email questions, updates, fliers to:

hillsdalecountyresources@googlegroups.com

Use the Hillsdale Resources group to ask other professionals about where to find resources or

services for an individual or family in Hillsdale County when you cannot find one.

\*\*\* Please do not disclose any personal client information within group email\*\*\*

#### **Adult Literacy**

#### Adult Education and Literacy

#### **Hillsdale Community Schools Adult Education**

517-437-4401

www.hillsdaleschools.org

#### **Community Action Agency**

517 784-4800 (Jackson)

#### Michigan Works! Southeast 517-437-3381

#### Michigan Reading Association

Region 5 616-647-9310

#### **Adrian Rea Literacy Center** Sienna Heights University

517-264-7320

adrianrealiteracy.org

#### English as a **Second Language**

#### Michigan Works! Southeast 517 437-3381

#### **Coldwater Community** Schools

517-279-5910 www.coldwaterschools.org

#### **Dominican Sisters Literacy** 517-264-7020 (Adrian)

**Adrian Rea Literacy Center** Sienna Heights University 517-264-7320

#### G.E.D. Preparation /High School Equivalency

#### **Hillsdale Community Schools** Adult Education

517-437-4401

www.hillsdaleschools.com

#### Michigan Works! Southeast

517-437-3381

#### **Coldwater Community Schools**

517-279-5910

www.coldwaterschools.org

#### G.E.D. & Professional Tests

#### **Register Online:** www.myged.com

Center

by phone:

877-450-3276

#### **Coldwater Community Schools**

Four tests are required to receive GED Certification.

#### Workforce Development

See **WORKFORCE DEVELOPMENT** Page #42

#### G.E.D. & Professional Tests Center

Sign up for **Braille** and Talking Book Library at your local library.

#### **Local Libraries**

#### **Hillsdale Community Library**

517-437-6470

Jonesville District Library

517-849-9701

**Branch District Library** 

517-278-2341

Jackson District Library

517-788-4099

**Quincy Public Library** 

517-639-4001

**North Adams Community** Library

517-287-4426

**Litchfield District Library** 

517-542-3887

**Pittsford District Library** 

517-523-2565

**Reading Community Library** 

517-283-3916

Somerset Library

517-688-9223

**Waldron District Library** 

517-286-6511

**Camden Township Library** 

517-368-5554

For a complete listing of Michigan libraries, visit:https://

mi.countingopinions.com/ directory/index.php?l=14790

#### G.E.D. & Professional Tests Center

G.E.D., **Job & Career Practice Tests** 

#### www.Mel.org

Click "iobs". Learning Express Library, select category of choice

Computers and assistance available at your local library. Fee per test: \$37.50

#### **Children's Literacy**

#### Early Childhood (ages 0-4)

#### **Story Time**

#### **Library Story Times**

See ADULT LITERACY
page#3 for a
List of LOCAL LIBRARIES

#### Information

#### Community Action Agency 517- 437-3346

Early Head Start
Head Start
Great Start Readiness
Programs

Visit http://
www.greatstarthillsdale.com/
preschool-sign-up.html to
begin registration process for

#### Playgroups & Parent Communities

SEE PARENT RESOURCES

Page #23

#### Reading Outside of School

See ADULT LITERACY Page #3 List of LOCAL LIBRARIES for summer reading programs and special events

#### Readiness Activities

## Great Start Readiness Programs Hillsdale ISD

517-689-1818

District Libraries
Summer Reading Programs
& Special Events

See <u>ADULT LITERACY</u> Page #3 List of LOCAL LIBRARIES

#### **County Literacy Coaches**

https://www.hillsdale-isd.org/ Page/663

#### Free Online Activities:

#### www.Mel.org

Click "kids", Select from: Homework Helper, Storytime, Games & Activities, About Michigan

#### Tutoring and Remediation

School Age (ages 5+)

#### Hillsdale College Public School Tutoring

Email: <u>alandherr@hillsdale.edu</u>
Contact Dean of Men:
Jeffrey Rodgers

Big Brothers Big Sisters (517) 784-7181 (Jackson)

#### **County Literacy Coaches**

https://www.hillsdale-isd.org/ Page/663

#### Also:

#### Contact your local school district

See **YOUTH RESOURCES**Page #43

#### **Free Online Activities**

#### www.Mel.org

Click "databases" tab at top , Learning express library; select category of choice

#### **Dentists**

#### Keith Jameson, DDS

(517)437-7339 1426 Hudson Rd. Hillsdale MI 49242

Hours: M, Tu 8 am—5 pm, W, Th 7

am-4 pm

Accepted Insurance: Most insurances

#### **Kendall Lee, DDS**

(517)439-5710 111 S. Howell St. Hillsdale MI 49242

Hours: M, T 8 am –5 pm, W 8am—2 pm, Th 8 am—5 pm, & F 8 am—12 pm Acepted Insuace: most insurances, Medicaid for children only

#### Matthew McEachran, DDS

(517) 437-0055 3371 W Clarleton Rd. Hillsdale MI 49242

Hours: M, W, F 7 am—6 pm, Tu 12

pm-6pm

Axcepted Insuaces: most insuarnces, but they are not in-network, Healthy Kids, Healthy Michigan

#### **Robert Miller, DDS**

(517) 439-9394 1 Budlong Hllsdale MI 49242

Hours: M-F 9 am—5 pm

Accepted Insuarrnce: most insurances except Medicare, Medicaid

#### Nicholas Nolan, DDS

(517)437-7339 1426 Hudson Rd. Hillsdale MI 49242

Hours: M, Tu 8 am—5 pm, W, Th 7

am-4 pm

Accepted Insaunce: most insurances

#### **Todd Ryan, DDS**

(517)437 -1000 57 N Howell St Hillsdale MI 49242

Hours: M-W 7:30 am-5 pm & Th

7:30 am-12 pm

Accepted Insurance: Most private insurances, no Medicaid, Medicare, or state insurance

state msurance

#### Michigan Dental, Thomas Pascoe

(517\_437-2654 20 Care Drive Hillsdale MI 49242

Hours: M-F 8 am-4:30 pm

Acccepted Insurance: all insurances,

including uninsured

#### **Jonesville**

#### William Adams, DDS

(517) 849-9195 211 Harley St. Jonesville MI 49250

Hours: M-Th 8 am-5 pm

Accepted Insurance: Most private insurances, no straight Medicaid

#### **Sharon Dow, DDS**

(517) 849-9195 211 Harley St. Jonesville MI 49250

Hours: M-Th 8 am-5 pm

Accepted Insurance: Most private insurances, no straight Medicaid

#### Litchfield

#### Tru Family Dental David Betz, DDS

(517) 849-2411 515 Marshall St. Litchfield MI 49252

Hours M, Tu, Th 8 am—5 pm, W 8 am—2 pm & F 8 am—1 pm

Accepted Insurance: Most private insurances, no straight Medicaid

#### **Disability Resources**

#### **Advocacy Assistance**

Michigan Protection & Advocacy Service, Inc.

800-288-5923 517-478-1755

disAbility Connections

(517) 782-6054

www.disabilityconnect.org

St. Paul's Ability Resource Center (SPARC)

517-797-1227

www.sparc-hillsdale.org/

#### **Educational Advocacy:**

Michigan Alliance for Families

800-552-4821

#### The ARC

(information referral for developmental disabilities up to age 26) 269-342-9801

Michigan Department of Education Office of Special Education

517-373- 0923

Michigan Special Education Mediation Program (MSEMP)

833-543-7178

#### **Advocacy Assistance Cont**

#### **Housing Advocacy:**

Fair Housing Center of SE Michigan (Ann Arbor) 877-979-3247

Michigan Department of Civil Rights

800-482-3604 TTY 517-335-3604

#### **Financial Solutions**

Department of Health & Human Services

Www.mibridges.michigan.gov 517-439-2272 apply at www.mibridges.michigan.gov

**Social Security Administration** 

Www.socialsecurity.gov 800-772-1213 TTY 800-325-0778

Family Support Subsidy 517-789-1200

#### Employment &Training:

Michigan Works! Southeast 517-437-3381

Michigan Rehabilitation Services (MRS) 517-439-2290

Michigan Career and Technical Institute (MCTI) (through MRS) 877-901-7360

#### Home/Assistive Devices

Children's Special Healthcare 269-273-2161

Disability Connections
Medical Equipment Loan Closet
517-782-6054

Perennial Park Senior Center 517-437-2422

Region 2 Area Agency on Aging

(for seniors only) (800) 335-7881

See HEA LTH RESOURCES\_ Page #13

#### **Transportation**

SEE:

TRANSPORTATION & GAS VOUCHERS
Page #38

#### **Support Groups**

disAbility Connections (517) 782-6054

St. Paul's Ability Resource Center (SPARC) 517-797-1227

www.sparc-hillsdale.org/

SEE

**SUPPORT GROUPS** 

Pages 35-36

#### Interpretation Services

**Deaflink** 269-288-0464

#### **Mentoring Programs**

Big Brothers Big Sisters 260-456-1600 (Ft. Wayne)

#### **Veterans**

Hillsdale County Veterans Services (517) 437-3630

#### Information

disAbility Connections (517) 782-6054

Lifeways Community Mental Health 517-439-2641

The ARC

(educational advocacy) 269-342-9801

March of Dimes (Ann Arbor) 734-761-6331

> Shriners (Orthopedic & burns) 800-237-5055

Michigan Protection and Advocacy Service, Inc. 800-288-5923

Alzheimer's Association 800-272-3900

Bureau of Services for Blind Persons 269-337-3848

St. Paul's Ability Resource Center (SPARC) 517-797-1227

www.sparc-hillsdale.org/

**Return to Table of Contents** 

# lf you have suggested edits, additions, or deletions to this page, please contact <u>stefanie.rathburn@hillsdale-isd.org</u>

#### **Domestic Violence & Sexual Assault**

#### Rape & Crisis **Services**

**Domestic Harmony** 24 hour Line 517-439-1454

**National Domestic Violence Hotline** 800-799-7237

NOTES:

#### **Shelter**

**Domestic Harmony Emergency Shelter\*** 1-888-439-1454 24 hour Crisis Line 517-439-1454

**Branch County Coalition Against Domestic Violence** 517-278-3356

**AWARE Jackson County** 517-783-1638

Catherine Cobb (Lenawee) 517-265-6776

> **Family Promise of Branch County** 517-278-0928

#### **Legal Assistance**

**Legal Services of** South Central Michigan \*\* (divorce) 517-787-6111

**Crime Victim Assistance** (Personal Protection Orders)

517-439-1419

**Domestic Harmony** 

(Personal Protection Orders & Court Accompaniment) 517-439-1454

Hillsdale County Victim's Advocate

(Prosecuting Attorney's Office) 517-439-1419

#### **Supportive Services**

**Domestic Harmony** 24 hour Line 517-439-1454

#### **Domestic Harmony Services**

**Support Counseling** Individual, Group, and Children **PPO** Assistance Advocacy

> Karen's House 517-523-3526

A Right to Innocence **Self-Help Support Group** 517-523-3526

#### **Counseling Batterers**

**Hillsdale County Probation** Office 517-437-7329

#### **Human Trafficking**

**National Human Trafficking Hotline** 888-373-7888

**National Center for Missing** and Exploited Children (NCMEC)

800-843-5678

Alpha Omega 517-437-7020

Information: A21.org

\* Shelter services for victims of intimate partner violence or sexual assault and their children

\*\* Legal Services clients must meet poverty criteria, does not handle criminal

#### **Housing Discrimination**

**Fair Housing Center of SE** Michigan (Ann Arbor) 877-979-3247

#### Early Childhood (Birth-12 yrs)

#### **Families**

#### **Parenting & Advocating**

Highfields

517-212-8168

Integro, LLC 517-439-2609

**Family Counseling Center** 

517-437-7100

#### Information

Community Action Agency 517-437-3346

Hillsdale ISD

517-437-0990

**Great Start Collaborative** 

517-689-1815

#### **Health & Nutrition**

#### **BHSJ Community Health Agency**

517-437-7395

WIC, Immunizations,
Peer breastfeeding supports

#### Hillsdale Hospital

(Pediatrics/Family Med) 517-437-5235

MSU Extension

517-439-9301
Safe Sleep Info & Resources

Child Abuse Prevention and

Awareness

517-437-3100

#### Kindergarten Enrollment

Call the School District in which you live for round up info.

See **YOUTH SERVICES** Page #43

#### **Childcare**

#### Financial Assistance

Department of Health and Human Services

Www.mibridges.michigan.gov 269-467-1200

#### Information about local child care:

**Child Care Resources** 

517-797-4326

#### **Childcare Providers**

#### Licensing

**Child Care Licensing** 

www.michigan.gov/michildcare

Already licensed 517-241-2488

Wanting to become licensed 517-241-2488

**Great Start to Quality** 

Greatstarttoquality.org/educators

#### Professional Development & Quality Improvement

Child Care Resources 800-343-3470

**Great Start to Quality** 

Greatstarttoquality.org/educators

#### **Community**

#### **Volunteer Opportunities**

**Great Start Parent Coalition** 517-437-689-1816

**Community Action Agency** 

Contact Clint Brugger 517-437-3346 x3231

#### **Basic Needs**

Department of Health and Human Services

www.mibridges.michigan.gov 517-439-2200

#### Developmental Concerns

Early On (birth-3yrs) 517-437-0990 ext. 151

Hillsdale ISD Special Education

517-437-0990 ext. 151

# this page, please contact stefanie.rathburn@hillsdale-isd.org or deletions to f you have suggested edits, additions,

#### Call 2-1-1

**Information & referrals** 

#### **Emergency Assistance**

#### Electric/Gas A) As of October 1st, 2018 some utility assis-**Bill Payment**

#### **CONTACT DHHS FIRST**

#### **Department of Health** & Human Services

517-439-2200 State Emergency Relief apply at

www.mibridges.michigan.gov

#### **Community Action Agency** 517-437-3346

#### **Wayne County Community Action Agency**

313-388-9799

Www.waynemetro.org

#### The Salvation Army

517-437-4240

#### Hillsdale County VA

517-437-3630

#### **Hillsdale County Senior Services**

(60 +)

517-437-2422 x112

#### **TrueNorth Community Services**

231-924-0641

#### **United Way of Jackson County**

CARE Program 844-220-6098

#### **Assembly of God**

(517) 849-2187

Love. INC

517-235-5299

#### **NOTES**

- tance programs require a Decision Notice from the Department of Health and Human Services—Michigan Energy Assistance Program (MEAP)
- B) State Emergency Relief for bill utility payment has an annual maximum. Must have shut off notice to access services. Income &asset qualifications apply.
- C) Salvation Army utility assistance must have shut off notice or a past due notice. Limited by annual cap
- D) Salvation Army Emergency Food requires State ID for everyone over 18, and must be a Hillsdale County Resident
- E) State Emergency Relief for mortgage or rent payment has an annual maximum. Must have court ordered eviction notice or foreclosure notice to access services. Income and asset qualifications apply.

Warming/Cooling Centers are heated or cooled facilities where people may go for relief during temporary periods of extreme cold or heat. The facilities provide water and restrooms.

#### Electric/Gas **Bill Payment**

#### **Department of Health & Human Services**

517-439-2200 State Emergency Relief apply at www.mibridges.michigan.gov

#### Hillsdale County VA

517-437-3630

#### **Community Action Agency**

#### 517-437-3346

#### **Food Assistance**

#### See FOOD PANTRIES AND MEALS

page #11 (for complete listing)

#### **Department of Health** & Human Services

517-439-2200 apply at

www.mibridges.michigan.gov

#### St. Anthony's

517-437-3305

#### The Salvation Army

517-437-4240 **Emergency Food** Fresh Produce

#### **Baby Food & Formula**

#### **Trinity Lutheran Church**

Kings Cupboard 517-437-2647

#### Alpha Omega

Earn While You Learn 517-437-7020

#### **Community Assistance** Clearinghouse

#### Love INC

Tuesdays 4:00-7:00 PM Fridays 11:00 AM-3:00 PM 517-235-5299

Love INC is a collaborative organization which connects residents of the community with the churches which can most effectively assist them

#### **Clothing & Household**

#### The Salvation Army

160 E Bacon St. Hillsdale, MI 49242

By appointment, M-F 9-12 & 1-3

Clothing voucher (available to anyone, photo ID needed)

Free Household items for fire victims and DASAS clients

**Emergency Shelter for fire or** disaster victims

#### **Hillsdale Community Thrift**

390 W. Carleton Hillsdale, MI 49242 Mon.—Sat. 9 am—6 pm Sun. 12-5 pm

#### Love. INC

517-235-5299 Tues. 4-7 pm & Fri. 11 am—3 pm

#### **Warming/Cooling Centers**

#### Perennial Park- Hillsdale County **Senior Services Center**

(517) 787-6111 320 W. Bacon Rd.; Hillsdale, MI

#### Share the Warmth

517-203-9857 427 Maumee St. Adrian MI

#### Share the Warmth

Sozo Church Hillsdale For information or to volunteer, call Penny Myers at: 517-439-5053

**Return to Table of Contents** 

#### **Financial Services**

#### **Individual Financial Counseling**

#### Community Action Agency 517-437-3346

Habitat for Humanity

### 517-437-3370 GreenPath Debt Solutions

1-800-550-1961
Debt Management Program;
Debt repayment— fee for service
Budgeting; Credit Counseling;
Reverse Mortgage Counseling,
Bankruptcy service;
Mortgage Delinquency
Housing Counseling

#### **Budgeting**

Community Action Agency 517-437-3346

**Habitat for Humanity** 

517-437-3370

**GreenPath Debt Solutions** 

1-800-550-1961

Fee for service

**Vear Accounting** 

517-439-5555 *Fee for service* 

#### **Financial Literacy Education**

#### **Community Action Agency**

517-437-3346 Home Buyer Education

#### **Chemical Bank**

517-439-1790 Home Buyer Education

#### **County National Bank**

517-439-4300 Financial Literacy

#### **Fifth Third Bank**

(517) 437-7308 Financial Advising

#### Representative Payeeship: Guardian; Payee; Conseratorship

Hillsdale County Probate Court 517-437-4321

Perennial Park- Guardianship Services 517-437-2422

Area Agency on Aging Region 2 800-335-7881

#### **Credit Rebuilding**

#### Community Action Agency

517-437-3346

#### **Habitat for Humanity**

517-437-3370

#### **GreenPath Debt Solutions**

1-800-550-1961

Debt Management Program;

Debt repayment– fee for service

#### **Chemical Bank**

517-439-1790 CD Credit Builder Loan

#### **Tax Filing**

Area Agency on Aging Region 2 800-335-7881

Community Action Agency Volunteer Income Tax Assistance 517-437-3346

#### Mortgage and Property Tax Foreclosure Counseling

Community Action Agency 517-437-3346

#### **Food Pantries and Meals**

#### **Severe Weather Closings:**

- If schools are closed for inclement weather, community pantries & meals will cancel.
- Check whether COA is open via tv and radio stations: WCSR AM1340, 92.1

#### Hillsdale

#### **El Bethel Food Pantry**

1661 Hudson Rd. Hillsdale, MI 49242 (517) 437-3639 Wednesday 10 AM—3 PM Must bring ID

#### **Hillsdale Baptist Church**

2211 W Bacon Rd Hillsdale, MI 49242 (517) 439-9711 Tuesday 9-11 AM Must bring ID

#### Trinity Lutheran Church Kings Kupboard

69 Griswold St
Hillsdale, MI 49242
(517) 437- 2647
October-April:
Monday, Wednesday, & Friday,
3:30-5:30 PM
May-September:
Monday & Friday, 3:30-5:30 PM,
Wednesday, 6-8 PM

- Must be Hillsdale County Resident
- Must arrive by 5:20 p.m. in order to be served

#### **Salvation Army**

160 E Bacon St
Hillsdale, MI 49242
(517) 437-4240
Monday through Friday 9 AM-12 PM
& 1-3 PM by appointment
Can receive service once ever 60
days, need photo ID

#### St. Anthony Family Center

11 North Broad St.
Hillsdale, MI 49242
(517) 439-3305
Tuesday 12:30-2 PM
Friday 9:30-11 AM
Can receive food service once per month, need photo ID

#### DHHS Food Stamps 40 Care Dr

Hillsdale, MI 49242 (517) 439-2200 7:30 AM—5 PM www.michigan.gov/mdhhs

#### Other

#### **Lifeline Food Pantry**

126 S Main Street
Reading, Michigan
(734) 634-3141
Second & Fourth Tuesdays
8 am—2 PM
Need ID

#### Women, Infants, Children

20 Care Drive Hillsdale, MI 49242 (517) 437-7395

#### **Foster Care Resources**

Edited 12/30/19

Resources for CPS and others working with children in foster system

#### **Shelter & Housing**

Domestic Harmony Emergency Shelter 1-888-439-1454

#### **Licensing and Placement**

Parents interested in licensing home for fostering can call:

Department of Health and Human Services Licensing:

517-439-2200

www.michigan.gov/mdhhs/0,5885,7-339 -73971 7117---,0<u>0.html</u>

or

Michigan Foster Care Navigator Program

Fcnp.org / 855-MICHKIDS

#### **Licensing and Placement**

Bethany Christian Services Kalamazoo 269-372-8800

Catholic Charities Ann Arbor 734-971-9781

Family Service & Children's Aid Jackson 517-787-7920

Samaritas Jackson 517-230-0810

#### **Assessment & Treatment Services**

#### **Mental Health**

Lifeways Community Mental Health 517-439-2641 or800-284-8288

**Domestic Harmony 24 hour Line:** 517-439-1454

Southwest Michigan Children's Trauma Assessment Center Kalamazoo: 269-387-7073

Samaritas Trauma Assessment Jackson 517-789-6444

#### **Educational/Developmental**

Hillsdale Intermediate School District 517-437-0990 ext. 151

#### **Substance Abuse**

Alcoholics Anonymous 517-789-8883

Lifeways Community Mental Health 517-439-2641

McCullough, Vargas and Associates 517-849-2333

#### **Employment**

Michigan Rehabilitation Services 517-439-2290

Michigan Works! Southeast 517-437-3381

#### Information, Resources, Support

#### Department of Health and Human Services

mibridges.michigan.gov 517-439-2200

**Lifeways**: 517-439-2641

Hillsdale Prosecutor's Office 517-439-1419

BHSJ Community Health Agency (WIC) 517-437-7395

#### **Very Important Parents**

Alpha Omega Fatherhood 517-437-7020

**Friend of the Court:** 517-437-4111

Michigan Youth Opportunities Initiative 517-212-0676

 $\textbf{Legal Services of MI:}\ 517\text{-}787\text{-}6111$ 

**Perennial Park:** (517) 787-6111

Family Service and Children's Aid 517-787-7920

#### To learn more about becoming a foster parent call

DHHS Office Licensing: 517-437-3346

> Or Satan Cana Naviant

Michigan Foster Care Navigator Program
Fcnp.org / 855-MICHKIDS

#### **Resources For Foster Parents**

#### Michigan Department of Health and Human Services

Www.michigan.gov/dhslicensing 517-439-2200

Foster Parent Support Group St. Jospeh 517-932-8801

Hillsdale County Great Start Collaborative Parent Coalition 517-437-689-1816

Lifeways Community Mental Health 517-439-2641

The Office of Children's Ombudsman
1-800-MICH-FAM

#### Child Abuse and Prevention Hillsdale County

Parenting classes (continuing ed. Hours) 517-437-3100

#### **BHSJ Community Health Agency**

517-437-7395

WIC, Immunizations, Children's Special Healthcare Services

#### **Adoption Resources**

**PARC (Post Adoption Resource Exchange)** 

Parc-judson.org / 734-794-2988

#### MARE

(Michigan Adoption Resource Exchange)

Mare.org / 800-589-6273

#### **Health Resources**

#### Walk in Clinics

Hillsdale Health and Wellness 517-437-7040

Karim Healthcare Jonesville 517-849-9090

> Jonesville Healthcare 517-849-7166

#### **Hospitals**

Hillsdale Hospital 517-437-4451

#### In-Home Care/End of Life

In Home Care/End of Life **Hospice of Hillsdale** 517-437-5252

> **Hospice of Lenawee** 269-278-6108

Veterans only: 517-263-2323

Call Area Agency on Aging for more providers 517-592-1974

#### **Diabetic Needs**

#### **Foot Care**

**Rohacz Center for Foot Care** 517-439-3338

> Dr. Maria Bidney 517-437-4777

#### **Diabetic Nutrition & Education**

**MSU Extension** 517-439-9301

#### Area Agency on Aging

Evidence Based Health & Wellness Programs

#### **Meds Packaging**

#### **Nash Drugs**

Hillsdale 517-437-4497 Jonesville- 517-849-9804

Blister Packing Compounding Delivery **Medication Management** 

DRUG TAKE BACK BOXES OTC & prescription meds only- no sharps See SUBSTANCE USE DISORDER

**SERVICES** Pages 33-34

#### **Medical Equipment**

#### Loan

disAbility Connections 517-782-6054

**Perennial Park Senior Center** 517-437-2422

**Surplus Health Supplies For Missions** info@surplushealthsupplies.org

> **Hillsdale Veterans Services** Phone: 517-437-3630

#### **Purchase**

Hillsdale Home Oxygen and Respiratory (517) 437-8371

CareLinc

Coldwater: 800-752-9571 Hillsdale: 517-437-3226 **Medwest Medical Supply** 517-437-2061 LinCare Inc.

517-279-2409

#### **Hearing & Vision**

#### Area Agency on Aging

517-592-1974 Resource referral

#### **BHSJ Community Health Agency**

517-437-7395 Children's hearing & vision screens

> **Gossage Eye Institute** 517-439-2020

**Hillsdale Optometry** 

Jonesville Eye Care

517-849-9277

#### **Bureau of Services for Blind Persons**

517-241-1100

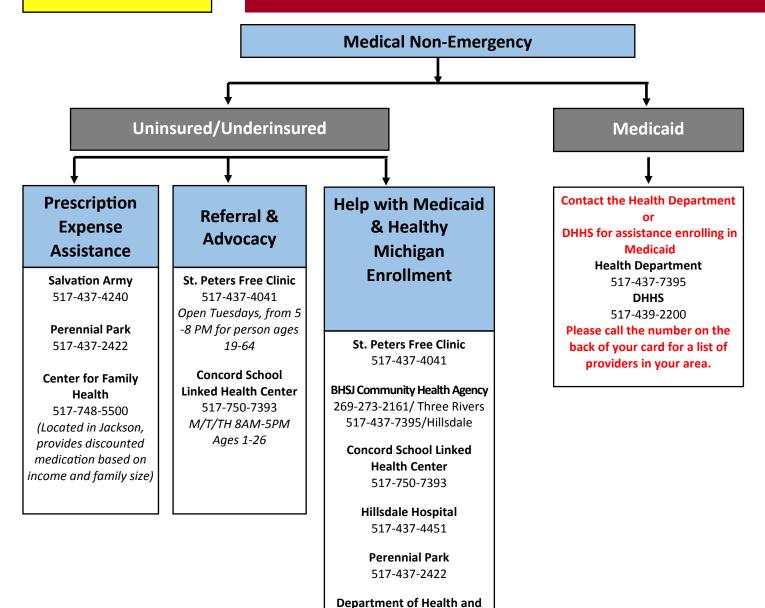
#### Lion's Club Hillsdale and Jonesville Clubs

Hillsdale: 517-523-2266 Jonesville 517-962-8570

#### 517-437-3365

#### Healthcare & Dental for the Uninsured

Edited 7/24/19



**Human Services** 269-467-1200

No Insurance
Under Insured
Medicaid
Healthy Michigan
MI Child
Uninsured

Community Dental
20 Care Drive
Hillsdale, MI 49242

Smiles on Wheels 517-740-7422

517-437-7395

# Housing (Apartment Listings)

Apartment Name	Phone Number	Senior/Disabled	Subsidized	HCV Accepted
Center City Senior Residences	(517) 797-4963	(55+)		
Hillsdale Garden Apartments	(517) 437-7501	X	Χ	Х
Cherry Tree Village & Apartments	(517) 437-7788	X	Х	Х
Whitney Estates Apartments	(517) 437-0555	Х		Х
Greenwood Village Apartments	(517) 437-2217	X		Х
Beacon Hill Townhomes	(517) 437-2177	Х	Х	
Beacon Hill Highrise	(517) 437-2177	(62+) or SSI	Х	
Carriage Park Apartments	(517) 439-9555	not accessible		
Apple Run Apartments	(517) 437-2366			Х
Spring Meadows Apartments	(517) 437-3220	Х	Х	
Walnut Junction	(517) 849-2646			
Riverside Apartments (Litchfield)	(517) 542-2210	Х	Х	
Meadow Lands Apartments				
(Reading)	(517) 283-2716	Х	X	
Parkwood Apartments (Jonesville)	(517) 849-2950		Х	

#### **Housing Assistance**

Edited 1/2/20

#### For school-aged youth affected by homelessness, contact 517-278-7233

#### **Low Cost Homes**

Habitat for Humanity 517-437-3370

USDA Rural Development 517-849-9890

#### Rent or Mortgage Payment Assistance

Department of Health & Human Services \* 517-439-2200

State Emergency Relief apply at: Www.mibridges.michigan.org

**Love, INC** 517-235-5299

\* State Emergency Relief for mortgage or rent payment has an annual maximum. Must have court ordered eviction notice or foreclosure notice

#### **Veterans**

**SJC Veterans Services** 

Hillsdale Co. Government 517-437-3630

**Supportive Services for Veteran Families** 

Volunteers of America 877-509-8387

Homeless Veteran Crisis Line 1-877-424-3838

#### Subsidized Housing (Rent Based on Income)

See <u>HOUSING ASSISTANCE</u> (APARTMENT LISTINGS)

Page #17

#### **Eviction Prevention**

Community Action Agency

517-784-4800

Department of Health & Human Services

517-439-2200

Fair Housing Center of Southeast Michigan

517-437-3346

Legal Services of South Central Michigan

734-665-6181

**Love INC** 

517-235-5299

#### **Housing Discrimination**

Fair Housing Center of Southeast Michigan

Community Action Agency 517-437-3346

#### **Emergency Shelter**

Share the Warmth Sozo Church Hillsdale

517-439-5053

**Community Action Agency** 

517-784-4800

Love, INC.

517-235-5299

American Red Cross

517-484-3799/800-382-6382 Disaster Victims

Salvation Army

517-437-4240

Disaster Victims only

Domestic and Sexual Abuse Services (DASAS) 24 hour Crisis Line

800-828-2023

#### **Homeless Rapid Rehousing**

Community Action Agency 517-784-4800

Training and Treatment Innovations

517-782-0010

#### Home Rehabilitation

Department of Health & Human Services

517-439-2200

State Emergency Relief

apply at www.mibridges.michigan.gov

**Habitat for Humanity** 

517-437-3370

Region 2 Area Agency On Aging

Home Repairs for seniors (60+) (517) 592-1974

**USDA Rural Development** 

517-849-9890

Ramps

Region 2 Area Agency On Aging

(517) 592-1974

Home Repair & Weatherization for Seniors 60+

Region 2 Area Agency On Aging 517 -592-1974

Community Action Agency 517-437-3346

**USDA Rural Development** 

517-849-9890

Yard (chores) Services A Few Good Men

517-398-1949

Safety Checks: Region 2 Area Agency On Aging

517 -592-1974

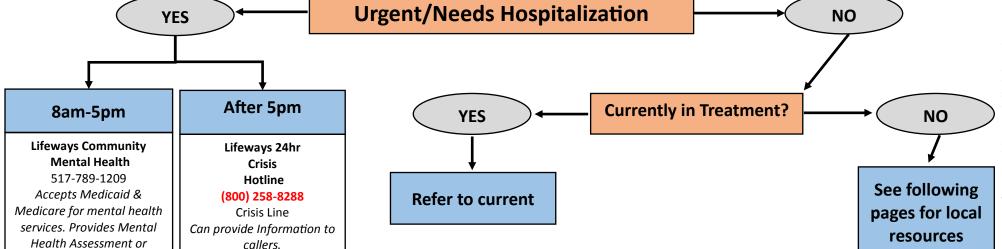
disAbility Connections

517-782-6054

**Return to Table of Contents** 

#### Edited 7/24/19





Referral.

**Private Provider** 

**SEE MENTAL HEALTH** 

Pages #18-20

**Emergency Room** 

Hillsdale Hospital

Henry Ford (Jackson)

**Mental Health** 

# Mental Health Psychiatric Provider List

#### **Psychiatrists**

#### **Hillsdale Hospital**

517-437-5363

Ravinder Sharma, M.D.

**Inpatient Only** 

168 South Howell Street

Hillsdale, Michigan 49242

Medicaid, Medicare, Private Insurance

#### **Henry Ford Allegiance Behavioral Health**

517-789-5971

205 N. East Ave, Jackson, MI 49201

Hours: M—Th 7 am—5:30 pm & F 7 am—4:30 pm

Most Medicaid plans and private insurances

#### **Oaklawn Psychological Services**

269-781-9119

15209 W. Michigan Ave. Marshall, MI 49068

Hours: M, T, W, Th 9 am—5:30 pm & F 9 am—5 pm

Medicare, standard Medicaid, most private insurances; does not

accept Meridian or other Medicaid Health Plans

#### Behavioral Health Care, PC

269-969-6108

363 Fremont St., Suite 300

Battle Creek, MI 49017

Medicare, BCBS, Aetna, Priority Health,

Cofinity, Meridian Medicaid (NO

**MEDICAID OTHER THAN MERIDIAN)** 

#### **Adrian Counseling Clinic**

517-263-5810

142 E. Maumee St. Suite 107

Adrian, MI 49221

Most commercial insurance NO MEDICAID

#### **Professional Psychological & Psychiatric Services**

517-513-3657

1200 N West St.;, Suite 812

Jackson, MI

Most commercial and Medicaid insurance plans, uninsured

#### Some Patients may qualify for psychiatric Services at Lifeways Community Mental

**Health-** 517-439-2641

#### University of Michigan Ambulatory Psychiatry Services

734-764-0231

4250 Plymouth Rd.

Ann Arbor, MI 48109

Most insurances. Does not accept standard Medicaid.

#### Mental Health Counseling Provider List

#### McCollough, Vargas, & Assoc.

517-849-2330

110 Reading Ave., Jonesville Specialty Services: Substance Abuse Coun-

seling, ADULTS

All Medicaid, most private insurances M-F 8AM-5PM

#### Integro

517-439-2609

25 Care Drive, Hillsdale, MI 49242 Specialty Services: Trauma Focused CBT, IMH 0-3, Outpatient, Adults & Children Meridian, Aetna, Magellan, BCBS, Medicare, BCN, UHC M-F 8AM-5PM

#### Michelle Liska, LMSW, CAADC

517-414-7749

101 E. Bacon Street, Hillsdale, MI 49242 Specialty Services: Individual and couples, sexual behavior, substance abuse, domestic violence, acupuncture, quardianship assessments, Adults & Adolescents BCBS, Medicare, Priority Health By Appointment

#### **Gayle Seely, LPC**

517-437-0309

44 S. Broad St., Hillsdale, MI 49242 Specialty Services: Outpatient, therapy (individual and couples), substance abuse; Adults & Children

Ameriplan, sliding fee scale

By Appointment

#### Susan Christine Sebring, LPC

269-268-6590

44 S. Broad St., Hillsdale, MI 49242 Specialty Services: Outpatient, therapy (individual and couples), substance abuse, DBT, Adults & Children (over 8) All Medicaid plans except standard Medicaid. McLaren, Priority Health, Magellan, PHP,

Ameriplan, BCBS, NOT BCN Tuesday 8 AM -8 PM

#### **Lifeways Community Mental Health**

517-439-2641

25 Care Drive, Hillsdale, MI 49242 Medicaid and Medical Health Plans M-F 8AM-6PM

#### Segue

517-437-0117

3200 W Carleton Rd., Hillsdale, MI 49242 Specialty Services: Certified Peer Support Services Outpatient, Substance Abuse, Domestic Violence, Integrated Dual Diagnosis Treatment, Assertive Community Team , Case Management Services Medicaid and Medical Health Plans By Appointment

#### Highfields, Inc.

517-783-4250

51 S Howell St., Hillsdale, MI 49242 Specialty Services: Outpatient, Adults & Children, IMH 0-3, Attachment, Trauma Focused CBT, Home Based Services, PMTO, Autism

Medicaid and Medical Health Plans By Appointment

#### **Amber Norwood**

517-615-1433

51 S. Howell St., Hillsdale, MI 49242 Specialty Services: Domestic violence, substance abuse, trauma, parenting, children and attachment All Medicaid plans except standard Medicaid, Aetna, McLaren, Priority Health, Magellan, PHP, Ameriplan, BCBS, Blue Care Network, Cofinity, HAP, Medicare, sliding fee scale By Appointment

#### **Moore Counseling Services**

517-320-5657

30 N Howell St.; Hillsdale MI 49242 Specialty Services: ADHD, substance abuse, sex offenders, anger management, bereavement, family, PTSD; Adults & Children Most insurances including straight Medicaid By Appointment

#### **Hope for Change**

517-212-4052

30 N Howell St. Suite 21B; Hillsdale MI 49242

Specialty Services: individual and family counseling; adults and children

Dependent on provider: BCBS, all Medicaid plans, UHC, Priority Health, Medicare, Tricare, private pay and sliding fee scale By appointment

#### **Family Counseling Center**

517-437-7100

239 W. Carleton Road, Hillsdale, MI 49242 Specialty Services: Children & Family services, Autism, domestic violence, foster care, children with sexual behaviors, Adults & Children

All Medicaid, UHC, McLaren, Ameriplan, BCBS, Priority Health, Aetna, Cigna, Magellan, sliding fee; does not accept Molina or **Medicare** By Appointment

#### John Hand & Associates

517-826-5061

100 E. Chicago St. Jonesville, MI 49250 Specialty Services: Outpatient, therapy, psychological testing, ADHD testing, guardianship testing; Adults & Children Most Medicaid (plans and private insuranc-

es, does not accept standard Medicaid or

MTWF 8 AM - 5 PM, TH 8 AM - 7 PM

#### Whole Life Therapy

517-610-6816

239 W. Carleton Rd. Hillsdale. MI 49242 Specialty Services: Co-occurring Disorders: adults & children Most Insurances, sliding fee scale, NOT MOLINA MTTHS By Appointment

#### Renee Batt Counseling, LLC

517-425-8188

44 S. Broad Street, Hillsdale, MI Specialty Services: Outpatient therapy for individuals and couples, and families; Adults & Children

Meridian, Medicare, BCBS, Cofinity, Aetna, **ASR** 

By Appointment

#### Jill Cleveland, MA, LPC, CAADC

517-225-1159

79 N. Broad Street, Hillsdale, MI 49242 Outpatient therapy for individuals and couples, Christian counseling, substance abuse, CBT; Adults & Children (over 6) Meridian, Magellan

By Appointment

Edited 1/2/20

#### **Mental Health**

#### **Psychiatric and Counseling Provider List**

#### **Counseling Supports**

#### Alpha Omega

517-437-7020

46 S. Howell St, Hillsdale

Specialty Services: Pregnancy/Parent Support

Free of Charge

10AM-6PM Daily

#### **Catholic Charities**

517-782-2551 (Jackson)

517-782-2551 (Adrian)

517-263-2191 (Hillsdale)

3425 Francis Street, Jackson

199 North Broad Street, Adrian

Specialty Services: Play therapy, Domestic violence,

Abuse and neglect issues, ADHD

Conduct disorders, Depression, Anxiety, Personality disorders, Grief and loss, Relationship issues, Sub-

stance abuse, Sexual offenses, Eating disorders, Self-

harmful behavior and more

Insurance and Payment varies depending on services

9AM-7PM Daily

#### Do'chas II: Services for Youth

517-788-4605

1200 N West Avenue Suite 806, Jackson

Specialty Services: Teen/Youth Case Management

By Appointment

#### **Domestic Harmony**

517-439-1454

Call for Location

Specialty Services: Domestic Violence/Sexual

Assault

#### No Charge for Services

Counseling by Appointment

#### Hillsdale Drop In Center

517-439-9730

76 W. Carleton, Hillsdale

Specialty Services: place for people to feel at home and

feel that they have a family

Open to consumers receiving Lifeways and provider

services

#### **Health Resources—Community Heath Events**

Edited 7/24/19

These community health /resource events generally take place during these months each year.

January		
February		
March: Reading Month,		
April: National Volunteer Appreciation Month, Child Abuse Awareness & Prevention Month, Week of the Young Child, Autism Awareness Month		
May: May 12 –18 - National Prevention Month, May 6th—National Children's Mental Health Awareness Day, Foster Care Awareness Month		
June		
July		
August: Overdose Awareness 8/31,		
September: Safe Sleep Awareness Month, Deaf Awareness Month		
October: Domestic Violence Awareness Month,		
November: Homeless Awareness Month		
December		

#### **Ophthalmology**

David Gossage, DO Karen M. Luparello, DO Mark E. Kosciuszko, OD

517-439-2020 50 W. Carleton Rd. Hillsdale MI 49242

Hours: M-Th 8 am — 5 pm & F 8 am —

4 pm

Accepted Insurance: most insurances

**Hillsdale Optometry CW** Amburgey **Robert Brichta Elaine Brichta** 

517-437-3365 43 S. Howell St. Hillsdale MI 49242

Hours: M, Tu, Th, F 8 am—5 pm, W 9

am-6 pm & Sa 8 am-12 pm

Accepted Insurance: most insurances, except MVA

Accepted Insraunce: most insurances

Hours: M 8 am—5 pm, Tu, F 9 am—5 pm, W 11 am—7 pm, Th 1—5 pm, 1st

and 3rd Sa 9 am—12 pm

#### **RX Optical of Jonesville**

517-849-2200 855 Olds St. Jonesville MI 49250

Jonesville Eye Care

Michael Biddle, OD

**Anthony Smith, OD** 

Jonesville MI 49250

517-849-9277

461 Olds St.

Hours: M—Th 9:30 am—8 pm, F 9:30

am-6 pm & Sa 9 am-4 pm

Accepted Insurance: most insurances,

except straight Medicaid

#### **Wal-Mart Vision Center**

517-849-7020 701 Olds St.

Jonesville MI 49250

Hours: M-F 9 am—7 pm, Sa 9 am—6 pm & Su 12 pm—5 pm (vision center

hours—doctor hours vary))

Accepted Insurance: most insurances,

except Medicaid, Medicare

#### **Parent Resources**

#### **Playgroups**

#### Hillsdale

Great Start Collaborative
PLAY (Parents Learning About
Young Children)

517-689-1815 Playgroups held monthly

http://www.greatstarthillsdale.com/calendar-of-events.html

Hillsdale Free Methodist Kid's Club

517-437-2251 Wednesdays 6:45-8:05 PM

Jonesville Early Childhood Center 517-437-3346 Monday 10AM-12PM, call ahead

#### **Parent Groups**

#### Hillsdale County ISD Great Start Collaborative

517-689-1815

310 W. Bacon Street, Hillsdale
Family Meal, Childcare, and mileage
reimbursement are available as
needed.; held monthly

http://www.greatstarthillsdale.com/cale ndar-of-events.html

#### Facebook:

https://www.facebook.com/ GreatStartHillsdaleCounty/

#### Hillsdale County ISD Parent Advisory Committee

For parents of children with developmental disabilities or special needs (517) 689-1808

#### Hillsdale County Down Syndrome Support Group

517-439-8351 Contact Paula Hayne for meeting info

#### Foster / Adoptive Parent Group

517-932-8797 Meets 3rd Monday Potluck starts at 5:30 Meeting 6:00- 8:00

#### **Maria Ansett**

Breastfeeding Counseling 517-523-3526

#### Resources

#### St. Peters Autism Resource Center (SPARC)

Provides programs and support for children and adults in Hillsdale with developmental Disabilities
517-797-1227

#### Great Lakes Center for Autism Treatment & Research (2-21yrs)

Residential Opportunities 269-250-8200

#### Lifeways

Autism Waiver (18 months to 21 years) 517-439-2641

#### **Alpha Omega Care Center**

517-437-7020

Classes, parent training, Dad training Baby gear and clothing, Baby Food, Cereal, Formula, post partum support

#### BHSJ Community Health Agency Children's Special Health Care Services

517-437-7395

Immunizations, WIC, Dental & Breastfeeding Support Group

#### **Community Fatherhood:**

Alpha Omega Very Important Parents 517-437-7020

#### Early On/Hillsdale County ISD

517-437-0990 ext. 151 Free vision, hearing & developmental screenings

#### **Infant Mental Health**

Highfields—517-212-8168 Integro- 517-439-2609

#### **Car Seat Inspection Stations**

#### Branch -Hillsdale-St. Joseph Community Health Agency

Call to schedule an appointment. 517-279-9561 Contact: Kelley Mapes

**State Police** – **Jackson** (517) 780-4580

#### **Physicians**

#### Kwasi Boakye, O, MD—Internal Medicine

(517)437-7800

451 Hidden Meadoes Drive; Suite 210

Hillsdale MI 49242

Hours: M-Th 8:30 a.m. - 5 p.m. &

F 8:30 a.m. - 3 p.m.

Accepted Insurances: Most insurances

#### Hillsdale Pulmonary Critical Care & Sleep Medicine

Tariq Abdelkarim (Dr. Karim)

(517) 437-3879

3271 W. Carleton Rd. Hillsdale MI 49242

Hours: M-F 9 am -5 pm

Accepted Insurances: Most insurances

#### Alfred Bediako, MD-OBGYN

(517) 437-5390

1711 S. Hillsdale Rd. Hillsdale MI 49242

Hours: M, Tu, Th 9 am—5 pm & W, F 9

am - 12 pm

Accepted Insurances: Most insurances

#### Molly Parker, DO—Family Practice

(517) 437-8333

240 W Carleton Rd. Hillsdale MI 49242

Hours: M-Th 8 am—4:30 p.m. &

F 8 am—12 pm

Accepted Insurances: Most insurances,

limited Medicaid

#### Robert Schall, MD—Family Practice

(517) 437-3361

32 S Broad St. Hillsdale MI 49242

Hours: M-Th 8 am—6 pm

Accepted Insurances: Most insurances

#### **Dustin Kimball—Family Practice**

(517)439-0044

451 Hidden Meadows Dr. Ste. 120

Hillsdale MI 49242

Hours: M-Th 8 am—5 pm & F 8:30 am—

12:30 pm

Accepted Insurances: Most insurances,

except Medicaid

#### Jonesville Health Care

(517) 849-7100

216 Olds St.

Jonesville MI 49250

Hours: M-F8 am-5 pm

Accepted Insurances: Most insurances

#### Jonesville Health Care Plus

(517) 849-7166 216 Olds St.

Jonesville MI 49250

Hours: M—Th 8:30 am—4:30 pm & Sa

9 am—12 pm

Accepted Insurances: Most insurances

Scott Gutowski, DO
Jeffrey Toner, DO, FAAFP
Sue Hager, FNP
Karl Wolf, PAC
Matthew Dillon, PAC
Saddi Turner, FNP

#### Karim Healthcare

(517)849-9090

100 E. Chicago St. Jonesville MI 49250

Hours: M—F 9 am—5 pm

Accepted Insurances: Most insurances

#### Troy Davis, MD—Family Practice

(517)542-3217 413 N Chicago Rd.

Litchfield MI 49252

Hours: M—Th 9 am—5 pm

**Accepted Insurance:** 

#### **Pittsford**

#### Karim Healthcare

(517)523 - 2127

9078 Rail St.

Pittsford MI 49271

Hours: M-F9 am-4:30 pm

Accepted Insurances: Most insurances,

except Medicaid

#### Reading

**Reading Clinic** 

Paige Jamison, NP

(517) 283-1772

124 S Main St.

Reading MI 49274

Hours: M—Th 8:30 am—5 pm &

F 8 am—4 pm

Accepted Insurances: Most insurances

#### **Physicians**

#### Hillsdale Pediatrics Center

(517) 437-8325

451 Hidden Meadows, Ste, 200

Hillsdale MI 9242

Michael Sackman, MD

Hours: M-F 8:30 am—5:30 p.m. Accepted Insurance: Medicaid, Priority Health, United Health

#### **Hillsdale Pediatrics**

(517) 437-5385

187 S. Howell St.

Hillsdale MI 49242

Nicole Ellis, DO

Hours: M, W, Th, F 9 am — 5 pm &

Tues, Sat 9 am—12 pm

Accepted Insuarnce: Most insur-

ances, except straight Medicaid and

McLaren Health

#### **Hillsdale Family Practice**

(517) 437-0010

451 Hidden Meadows

Hillsdale MI 49242

Dustin Kimball, DO

Karen Lindower, DO

Debra Lusty, DO

Hours: M-Th 8:30 a.m.-5 p.m. &

Fri. 8:30 a.m. — 12:30 p.m.

Accepted Insurance: Most insurances, no new Medicaid patients

#### Health & Welnness Primary Care & Walk-in Clinic

(517) 437-7040

240 W. Carleton Rd.

Hillsdale MI 49242

Hours: Open 7 days per week 8 a.m. —8 p.m.; walk-in 12 p.m.—8 p.m.

Accepted Insurance: Most insuranc-

es, limited Medicaid

#### Hillsale Medical Associates

(517)439-0200

1456 Hudson Rd.

Hillsdale MI 49242

Dan McCance, DO (Gastroenterology)

Ketih Baker, MD (Internal Medicine)

Rachel Gier, NP

Susanna Storeng, PAC

Kara Wilson, PAC

Hours: M-F8 a.m.-5 p.m.

Accepted Insurance: Most insurances

#### Hillsdale Hospital

(517) 437-4451

168 S. Howell St.

100 J. HOWEH St.

Hillsdale MI 49242

Hours: 24 hours per day, 7 days per

week

Accepted Insurance: Most insurances

#### Hillsdale Surgical Group

(517)437-5350

451 Hidden Meadow Dr., Ste. 260

Hillsdale MI 49242

Daniel Baxter, DO

Norris March IV, DO

Dale McCririe, DO

Hours: M –F 8:30 a.m.—4:30 p.m. Accepted Insurance: Most insurances

#### Maria Bidny, DPM—Podiatry

(517 437-4777

1340 S. Hillsdale Rd.

Hillsdale MI 49242

Hours: M 10 a.m.-6 p.m. & Tu, Th 9

a.m.—5:30 p.m. & F 9 a.m.—12 p.m.

Accepted Insurance: Most insurances,

limited Medicaid

#### David Levitsky, DPM—Podiatry

(517) 849-2029

211 Harley St.

Jonesville MI 49250

Hours: Tu 8 a.m. — 5 p.m., Th 10 a.m. -

2 p.m.

Accepted Insurance: Most insurances,

except Medicaid

#### **Eugene Rohacz, DPM-Podiatry**

(517) 439-3338

241 W Carleton Hillsdale MI 49242

Hours: M, Tu, Th 9 a.m.—5 p.m.

#### **Hillsdale Orthopedics**

(517)439-5411

61 W. Carleton Rd.

Hillsdale MI 49242

Hours: M-Th 8 a.m.—5 p.m. & F 8 am

to 12 pm

Accepted Insurance: Most insurances

#### Alex Janusz, DO—Neurology

(517) 437-8366

451 Hidden Meadows Dr.

Hillsdale MI 49242

Hours: M, Tu, W, F 9 am 4:30 pm

Accepted Insurance: Most insurances

#### TAnish Wadhwa, MD—Pulmonology Gregg Patten, MD—Pulmonology

(517)437-8366

451 Hidden Meadow Dr.

Hillsdale MI 49242

Hours: Th 8am—12 pm

Accepted Insurance: Most insurances

#### Victor Owusu, MD—Cardiology

(517) 439-1850

17 S Manning St.

Hillsdale MI 49242

Hours: M-F 8:30 am—4:30 p.m.

Accepted Insurance: Most insurances

# additions, or deletions to this page, please contact <u>stefanie.rathburn@hillsdale-isd.org</u> If you have suggested edits,

# CALL 9-1-1 FOR EMERGENCY

#### Police/Fire/Emergency

#### **Poison Control**

National Poison Control Center 800-222-1222

#### **Environmental Emergency**

Branch -Hillsdale- St. Joseph Community Health Agency (517) 437-7395

Pollution Emergency Alerting System (PEAS)

24 hour line: 800-292-4706

#### **Animal Control**

**Hillsdale County Sheriffs Office** 

517-437-7317

Animal Complaints handled by central dispatch

#### **Fire Departments**

Hillsdale City Fire Department 517-437-6451

Hillsdale Rural Fire Dept. 517-437-4322

Hudson Fire Department 517-448-2231

Quincy Fire Department 517-639-5403

**Reading Fire Department** 

517-283-3528

**Camden Fire Department** 

517-368-5129

Pittsford Fire Department

517-523-2432

**North Adams Fire Department** 

517-287-4700

**Litchfield Fire Department** 

517-542-3477

**Somerset Fire Department** 

517-688-4406

**Allen Fire Department** 

517-869-2607

Jonesville Fire Department

517-849-9451

**Montgomery Fire Department** 

517-296-4267

**Moscow Fire Department** 

517-688-9707

**Jefferson Fire Department** 

517-523-2432

**Waldron Fire Department** 

517-286-6611

Wright-Waldron Fire Dept.

517-286-6611

#### **Police Departments**

Hillsdale County Sheriff's Department 517-437-7317

**Hillsdale Police Department** 

517-437-6481

**Quincy Police Department** 

517-639-2545

**Reading Police Department** 

517-283-3133

**Camden Police Department** 

269-496-8096

**Litchfield Police Department** 

517-542-3700

**Somerset Police Department** 

517-688-9223

**Coldwater Police Department** 

517-279-9871

**Jonesville Police Department** 

517-849-2101

State Police (Jonesville)

517-780-4580

#### **Car Seat Inspection Stations**

See PARENT RESOURCES Page #23

#### **Ambulatory Agencies**

#### **CALL 9-1-1**

Reading Emergency Unit (Hillsdale) 517-283-2856

Wright-Waldron EMS
Village of Waldron

517-286-6611

**Somerset EMS** 

517-688-4406

**Addison EMS** 

517-547-6776

**Hudson EMS** 

517-448-2231

#### **Prenatal/Obstertrics**

#### Free Pregnancy Testing & Ultrasound

**Alpha Omega** 517-437-7020

#### Planned Parenthood of Michigan

Jackson (517) 784-1700

#### **Center For Family Health**

*Jackson* (517) 748-5500

#### **Home Visitor Programs**

#### Parents As Teachers

Offered by Integro / Highfields 517-439-2601 / 517-783-4250 Weekly home visits for pregnant mothers, or mothers of children up to 2 years of age

#### **Early Head Start**

Community Action Agency Home based pre-school prep 517-437-3346

#### Parenting Wisely

Highfields- 517-783-4250

#### **Pregnancy Prevention Resource**

#### BHSJ Community Health Agency

Prevention Education, Contraceptives, Contraceptive Education STD Testing 517-437-7395

#### **Obstetrics**

#### Hillsdale Hospital OB 517-437-5280

Hillsdale Obstetrics & Gynecology (517) 437-5390

#### **Center for Family Health**

*Jackson* 517-748-5500

Hidden Meadows OB/GYN
Dr. Brian Sinischo
Rachel McCormack, CNM
517-437-8292

OB/GYN Henry Ford Allegiance Health 517-205-4800

#### **Prenatal Resources**

#### **Medicaid for Pregnant Women**

www.michigan.gov/MIbridges

Department of Health & Human Services

(517) 439-2200

#### **Smoking Cessation**

SEE <u>SUBSTANCE ABUSE RESOURCES</u>

**PAGE #28** 

#### **Obstetrics & Childbirth Education**

Hillsdale Hospital Obstetrics

517-437-5280

Promedica Coldwater OB/GYN

517-279-8465

Henry Ford Women's Health Jackson

517-205-4377

#### **Nutrition / Nutrition Education**

**Community Action Agency** 

Women, Infants, Children Tami Gilbert, Lenawee CAA 517-263-7861

#### **Breastfeeding Support**

734-717-0401 - phone support

**Breastfeeding Coalition** 517-610-0279

BHSJ Community Health Agency 517-437-7395

LaLeche League

Lalecheleagueofmichigan.org

#### **Resources for New Parents**

See **PARENT RESOURCES** Page #23

#### **Prenatal Loss or Postpartum Sup-**

#### Early Pregnancy Loss Association

miscarriagecare@gmail.com

Prenatal loss

#### **Empty Cradle, Full Heart**

Private Facebook group Prenatal loss

Alpha Omega

517-437-7020

Hillsdale Hospital OB Dept.

*Tiny Purpose-*517-437-5280

# Must register on MI Bridges prior to receiving any public assistance

#### **Public Benefits**

Edited 7/24/19

#### **211 Information & Referrals**

#### **Emergency Assistance**

SEE ALSO:

**EMERGENCY ASSISTANCE** page #8

Department of Health & Human Services

269-467-1200 State Emergency Relief

Community Action Agency 517-437-3346

The Salvation Army\* 517-437-4240

**True North** (utilities) 231-355-5880

See **EMERGENCY ASSISTANCE** 

Page #8

#### **Legal Services**

Legal Services of S. Central MI

800-688-3951 (seniors 60+)

Legal Aid of Eastern MI

800-322-4512 (up to 59 yrs. Old)

Friend of the Court 877-543-2660

Victims Advocate
Hillsdale County Government

517-439-1419 *Tammy James* 

Counsel & Advocacy Law Line Legal Services of South Central MI 888-783-8190

#### **Food Assistance**

**LOCAL FOOD PANTRIES** 

SEE ALSO:

**FOOD PANTRIES AND MEALS** 

Page #11

**BHSJ Community Health Agency** 

Women, Infants and Children -WIC 517-437-7395

Department of Health & Human Services

Food Assistance Program 517-439-2200

#### **Bill Payment**

Department of Health & Human Services

517-439-2200 State Emergency Relief, Childcare Assistance

**Community Action Agency** 

517-437-3346 Emergency Services Contract

The Salvation Army\* 517-437-4240

**CARE Program** 

Utility Assistance – Contact DHHS for Enrollment

#### **Cash Assistance**

Department of Health & Human Services

517-439-2200

www.mibridges.michigan.gov

**CONTACT DHHS FIRST** 

Disabled Adults: State Disability Assistance; General Public:

**Social Security Administration** 

Family Independence Program \*\*

Toll Free 800-772-1213
Supplemental Security Income\*\*\*
Social Security Disability Insurance\*\*\*\*

Contact Wayne County Community
Action Agency and Michigan
Community Action Agency if
Assistance is unavailable from
Hillsdale CAA

*Wayne*– 313-873-6000 *MCA*- 517-321-7500

#### **Health Care**

**BHSJ Community Health Agency** 

Children's Special Health Care Services, Immunizations, STD/HIV testing, TB Testing, Hearing and Vision Screening 517-437-7395

> Department of Health & Human Services

> > 517-439-2200

Adults, Medicaid, Medicare Saving Program, Healthy Michigan, Over 65, Medicaid, Children, Medicaid, MI Child

St. Peters Free Clinic 517-437-8911

My Community Dental Centers

517-437-2654

See **VETERANS BENEFITS** Page #39

See: HEALTHCARE & DENTAL FOR
THE UNINSURED Page #14

#### NOTES

DHHS Benefits can be applied for online at <a href="www.mibridges.michigan.gov">www.mibridges.michigan.gov</a>

\*Salvation Army utility assistance must have shut off notice or a past due notice. Limited by annual cap

 $^{**}$  For women who are pregnant, nursing, or have children. Or a male with children. Must have zero income—child support will be retained. No fee.

\*\*\* For individuals over the age of 65, blind or disabled with limited income, based on need.

\*\*\*\*Based on how long you have worked and paid Social Security taxes, for individuals no longer able to work due to disability.

\*\*\*\*\* must be at least 180 days of wartime service and honorable

\*\*\*\*\*\*Salvation Army Emergency Food requires State ID for everyone over 18, and Social Security Cards for entire household

CONTACT DHHS BEFORE SEEKING ASSISTANCE ELSEWHERE

**Return to Table of Contents** 

#### **Senior Housing**

Check for current vacancies at www.michiganhousinglocator.com
ADDITIONAL INFORMATION AND ASSISTANCE CAN BE FOUND BY CONTACTING AREA AGENCY ON AGING 888-615-8009

#### Subsidized and/or Independent Living

Independent Living for seniors refers to residence in a compact, easy to maintain, private apartment or house within a community of seniors.

See HOUSING (Apartment Listings)
Page #15

#### **Housing Discrimination**

See **HOUSING ASSISTANCE** Page #16

#### **Assisted Living**

Providing a unique combination of housing, personal care services, and health care, assisted living is the perfect option for people who need help with normal daily activities in a way that promotes maximum independence.

#### **Drew's Place**

*Hillsdale* 517-437-7902

*Coldwater* 517-278-9494

Country Living of Hillsdale 517-437-0239

Christ Centered Homes 517-788-9231

#### Skilled Nursing /Rehab/ Long-term Care Facilities

Facilities providing services ranging from short-term (often post-hospital stay) rehabilitation and skilled nursing to respite and long-term care for those individuals who can no longer safely remain in their homes due to declining physical or mental conditions.

#### Hillsdale County Medical Care Facility 517-439-9341 x 210

**Hillsdale County Medical Care Facility** 

517-439-9341

#### Great Lakes Caring Home Health & Hospice

Jackson and Adrian 800-379-1600

#### Complaints

If someone living in a nursing home has a complaint they should/can:

- 1. Notify the nursing home administrator immediately.
- 2. Call the Long Term Care Ombudsman: (866)485-9393
- File a complaint w/ the State of MI Bureau of Health Systems: (800) 882 6006

#### **Adult Foster Care**

Adult Foster Care is defined as a home setting in the community for adults who are unable to live independently due to physical, emotional, developmental or mental health impairments.

The State of Michigan regulates licensing of these types of facilities and the status can change frequently . Please contact:

#### Region 2 Area Agency on Aging

(800) 335-7881

Or for a list of current AFC's visit: the Department of Licensing and Regulatory affairs Statewide Search for Adult Foster Care / Homes for the Aged Facilities page for a list of options within St. Joseph County:

http://www.dleg.state.mi.us/brs\_afc/ rs\_afc.asp?

name=&address=&cnty\_name=ST.+JOS EPH&city=&zip=&type=% 25&lic nbr=&Search=Search&sorry=yes

For further assistance in finding options in your area, call:

Longterm Care Ombudsman

866-485-9393

#### **Senior Resources**

Additional Information and assistance can be found by contacting:

#### Region 2 Area Agency on Aging (800) 335-7881

Information Services
Medicare/Medicaid Assistance
Nursing Facility Transition
Assistive Technology
Home and Community Services (InHome Care)

#### **Perennial Park**

(517) 437-2422

Homemaking Services / Home Care
Personal Care
Meals on Wheels
Respite Care
Transportation
Equipment Loan
Prescription Assistance
Legal Services
Fitness Center
Library
Socialization Events
and more...

#### **Legal Resources**

**Adult Protective Services** 855-444-3911

Elder Law of Michigan 866-400-9164

**Legal Hotline for MI Seniors** 800-347-5297

Legal Services of South Central Michigan 517-787-6111

51/-/8/-6111 800-676-9488

Long Term Care Ombudsman

Ahnuh Hayes ahayes@meji.org 517-990-0510

MI Department of Civil Rights 800-482-3604

Michigan Protection & Advocacy Services 800-288-5923

#### Alzheimer's & Dementia Caregiver Support

Area Agency on Aging 800-335-7881

Perennial Park 517-437-2422

**Alzheimer's Association** 

#### **Kinship Care**

Perennial Park Senior Center 1-800-479-3348

#### Home Delivered & Congregate Meals

Perennial Park– Meals on Wheels 517-437-2422

SEE FOOD PANTRIES &MEALS Page #11

#### **Guardian/Payee/Conservator**

SEE FINANCIAL SERVICES Page #10

#### **Medicare & Medicaid**

MMAP (MI Medicare/ Medicaid Assistance Program )

517-437-2422 800-479-3348

MI Department of Health & Human Services (Medicaid)

517-439-2200

Social Security Administration (Medicare) 517-439-2200

#### **Senior Services**

MI Choice Medicaid Waiver 800-335-7881

#### Social/Recreational/Educational Opportunities

Edited 7/24/19

#### **Enrichment**

#### **MWSE Adult Education**

(Enrichment Programs) Hillsdale: 517-437-3381 adulteducation@mwse.org

#### Jackson College

517-437-3343

#### Region 2 Area Agency on Aging

Evidence Based Health & Wellness Programs 800-335-7881

MSU Extension (Michigan State University) 517-439-9302

SEE ADULT LITERACY Page #3
FOR MORE OPPORTUNITIES LOCAL LIBRARIES MAY HAVE
SPECIAL EVENTS AND CLASSES

#### Parent Groups & Parenting Classes

SEE PARENT RESOURCES Page #23

#### **Recreation (Children)**

#### Adrian

YMCA of Lenawee County 638 W. Maumee St. 517-263-2151

#### Hillsdale

Hillsdale College - Swim Lessons 201 Oak St. Hillsdale, MI 517-437-4981

Hillsdale Recreation Department 517-437-6457 97 N Broad St. www.cityofhillsdale.org/parksrec

Michendoh Conference Center 4545 E Bacon Rd. 517-523-3616

#### Jackson

Dahlem Center 7117 S. Jackson Rd. 517-782-3453

#### Jonesville

Summer Recreation Program 517-849-2104

#### Reading

Kimball Camp YMCA Berlin Drive 517-283-2168

#### Somerset

Somerset Beach Campgrounds somersetbeach.org

#### **Recreation (Seniors)**

#### For Seniors:

#### PERENNIAL PARK

Fitness Center Wellness Programs 320 W. Bacon Rd., Hillsdale, MI 49242 Office: (517) 437-2422 or

(800) 479-3348

#### **Youth/Teen Opportunities**

#### Youth Development and Mentoring-Crossroads Farm

517-283-3982

#### **Teen Share**

145 E. State St. Coldwater, MI 517-278-5094

#### **Faith Based**

#### Hillsdale Assembly of God

4075 Beck Rd.
Jonesville, MI
517-849-2187
Warrior Youth (6th—12th)
Weds. 7—8 pm

#### **Hillsdale Free Methodist**

150 Union St.
517-437-2251
Kids Club (K—5th)
Wed. 6:45—8:05 pm
Youth (6th—12th)
Wed. 6:45—8:05 pm
(vans available for transportation)

#### Hillsdale United Brethren

Youth Group 240 S. Howell St. Hillsdale, MI 517-437-2151

#### **Hillsdale Upward Sports**

240 S. Howell St. Hillsdale, MI 517-437-2151

#### **Special Populations**

#### **Immigration/Legal Services**

#### **Mexican Consulate of Detroit**

248-336-0320

detroit@sre.gob.mx

Passports, birth certificates

#### Michigan United

877-607-7774 ext 705# Citizenship Services, Green Card Renewals, DACA Work Permits

The Hispanic American Council (Kalamazoo) http://hispanicamericancouncil.org/

Catholic Charities
Diocese of Kalamazoo - Immigration Assistance

Program

https://diokzoo.org/immigration-assistanceprogram

Telamon Immigration Counseling Services http://www.telamon.org/immigration.aspx

Legal Aid of Southeastern Michigan 734-665-6181

Adrian Dominican Sisters 517-266-3448

**South East Migrant Resource Council** Rudy Flores: FloresR2@michigan.gov

#### **Occupational Assistance**

#### Michigan Works! Southeast

https://www.mwse.org/ 517-437-3381

Farm Worker Legal Services Migrant, Immigrant, and Seasonal Worker 800-968-4046

See WORKFORCE DEVELOPMENT

Page #42

#### Miscellaneous

#### Michigan Multi-Cultural Network

http://www.michigan.gov/documents/mdch/ MIMulticulturalNetworkBrochure 2013-2014 462207 7.pdf

Communities of Color United to Reduce Tobacco Use/Abuse. The agencies that comprise the Network serve African Americans; American Indians; Arab Americans; Asian Americans; Chaldean Americans; Hispanics/Latinos; people who are lesbian, gay, bisexual, or transgender; and veterans.

#### NAACP

National Association for the Advancement of Colored People

269-343-4105

#### **Jackson Pride Center**

517-295-3582

jacksonpridecenter@gmail.com

#### Telamon (Lansing)

517-323-7002

Food, shelter, taxes for farm workers

See **ADULT LITERACY** Page #3 for:

- English as a Second (ESL)
   Language Classes
- Free Tutoring to Read
- Classes in Spanish

<sup>\*</sup>Provides in-person interpreters in Spanish, Hakha, Falam, Arabic, and Burmese as well as over 200 other languages through a telephone interpreting service, & document translation in almost any language. Fees apply. Training available. Call to set up account prior to use.

# or deletions to this page, please contact stefanie.rathburn@hillsdale-isd.org additions, lf you have suggested edits,

#### Michigan State Police Angel Program

Jackson Post 517-780-4580

Coldwater Post 517-278-2373

#### **Substance Use Disorder Services**

Edited 7/24/19

#### **Screening & Referral**

Lifeways Community Mental Health 517-439-2641

McCullough Vargas & Associates 517-849-2333

#### Whole Life Therapy

Loretta Bobzien 517-610-6816

#### **Jill Cleveland Counseling**

517-225-1159

#### **Gayle Seely**

517-437-0309

#### **Catholic Charities**

517-263-2191 (Adrian) 517-782-2551 (Jackson)

#### **Veterans**

Veteran Treatment Track 2B District Court Drug Court

517-437-7329

Hillsdale County Veterans Services 517-437-3630

Mid-State Health Network Veterans Navigator Michael Scott 517-483-2742

#### **Medication Assisted Treatment**

#### Litchfield Health Clinic

517-330-3000

#### **Center for Family Health**

(Jackson) 517-748-5800

#### **Victory Clinical Services**

(Jackson) 517-784-2929

#### Family Medicine Clinic

(Coldwater) 517-279-5378

#### **Sober Housing**

#### Life Challenge of MI

Hillsdale 517-437-0077

#### Tommy's House (women)

Coldwater 517-781-6675

#### **Women in Transition**

Angola, IN 260-624-3178

#### **Support Groups**

See **SUPPORT GROUPS** Pages 35-38

#### Treatment/Recovery

#### Outpatient

Jill Cleveland Counseling

517-225-1159

McCullough, Vargas & Associates

517-849-2330

**Gayle Seely** 

517-437-0309

Segue

517-437-0117

#### Whole Life Therapy

Loretta Bobzien 517-610-6816

#### **Catholic Charities**

517-263-2191 (Adrian) 517-782-2551 (Jackson

Most outpatient treatment providers accept Medicaid and private insurance.

#### Inpatient

**Hope House** 517-849-2333

Life Challenge of MI

517-437-0077

#### **Courts**

**2B District Court Drug Program** 

517-437-7329

**Family Treatment Court** 

517-437-7758

**1st Judicial Circuit Court** 

517-437-4321

**2B District Court** 

517-437-4643

**Probate Court** 

517-437-4643

**Juvenile Court** 

517-437-4446

**Circuit Court Parole/Probation** 

517-437-3551

#### **Drug Courts**

2B District Court Drug Court

517-437-7329

Family Treatment Court Probate Court

517-437-7758

Veteran Treatment Track
2B District Court Drug Court

#### **Substance Use Disorder Services**

#### **Recover Support Meetings**

**MONDAY** 

12:00 PM Hillsdale Group; 52 Ferris St. Hillsdale (C) 6:30 PM Hillsdale Group; 52 Ferris St. Hillsdale (C)

7:00 PM Smart Recovery; McCall's Center—123 E. Carleton Rd. Hillsdale (O)

7:30 PM Recovery First Group for Women (NA); Hope House 401 W. Chicago Rd. Jonesville (C)

**TUESDAY** 

12:00 PM Hillsdale Group; 52 Ferris St. Hillsdale (C)

Recovery Warriors; 61 McCollum St. Hillsdale (O)

6:00 PM Celebrate Recovery; Hillsdale United Brethren 240 S. Howell St. Hillsdale (O) 7:30 PM Recovery First Group for Men; Hope House 401 W. Chicago Rd. Jonesville (C)

8:00 PM Hillsdale Group; 52 Ferris St. Hillsdale (C)

WEDNESDAY

12:00 PM Hillsdale Group; 52 Ferris St. Hillsdale (C)

Stepping Over the Hump (NA); 61 McCollum St. Hillsdale (O)

6:30 PM Hillsdale Group; 52 Ferris St. Hillsdale (C)

7:30 PM Recovery First Group for Women; Hope House 401 W. Chicago Rd. Jonesville (C)

**THURSDAY** 

12:00 PM Hillsdale Group; 52 Ferris St. Hillsdale (C)

Recovery Warriors; 61 McCollum St. Hillsdale (O)

5:00 PM Smart Recovery; Heritage Lane Apartments, 117 West St. Jonesville (O) 5:30 PM Celebrate Recovery; Open Door Bible Church, 14976 Union Rd. Hudson

6:30 PM Hillsdale Group; 52 Ferris St. Hillsdale (C)

7:30 PM Recovery First Group for Women (NA); Hope House 401 W. Chicago Rd. Jonesville (C)

**FRIDAY** 

12:00 PM Hillsdale Group; 52 Ferris St. Hillsdale (C)

7:30 PM Recovery First Group for Women (NA); Hope House 401 W. Chicago Rd. Jonesville (C)
7:30 PM Recovery First Group for Men(NA); Hope House 401 W. Chicago Rd. Jonesville (C)

8:00 PM Hillsdale Group; 52 Ferris St. Hillsdale (C)

**SATURDAY** 

9:30 AM Hillsdale Group; 52 Ferris St. Hillsdale (W,B) 12:00 PM Hillsdale Group; 52 Ferris St. Hillsdale (C)

7:30 PM Recovery First Group for Women (NA); Hope House 401 W. Chicago Rd. Jonesville (C)
7:30 PM Recovery First Group for Men(NA); Hope House 401 W. Chicago Rd. Jonesville (C)

8:00 PM Hillsdale Group; 52 Ferris St. Hillsdale (C)

SUNDAY

10:00 AM Hillsdale Group; 52 Ferris St. Hillsdale (C) 6:30 PM New Beginnings; 69 Griswold St. Hillsdale (O)

7:30 PM Recovery First Group for Women (NA); Hope House 401 W. Chicago Rd. Jonesville (C)

#### **Prevention/Education**

#### **PreventionWorks**

(Community Coalition) 517-607-5960

#### **Prime For Life**

(District Court, Schools) 517-607-5960

#### Moral Reconation Therapy (MRT)

517-437-7329

Hillsdale Co. Sherriff Office - METH WATCH

517-437-7317

#### **Smoking Cessation**

BHSJ Community Health Agency 517-437-7395

#### Michigan Tobacco Quit Line

1-800-QUIT - NOW

#### **Prescription Take Back Boxes**

#### Over-the-counter and prescription meds only:

Hillsdale City Policy Department Jonesville Police Department Hillsdale Co. Sheriff Office

Sharps (needles, etc)

Hillsdale Hospital Lab

#### **MEETING CODES**

- (O) Open to anyone
- (W) Women
- (B) Big Book Study
- (C) Closed, persons with substance dependence only
- (NA) Narcotics Anonymous

#### **Support Groups**

#### Addiction

See <u>Substance Use Disorder Services</u> Page #34

#### Health

#### Hillsdale County Suicide Prevention Coalition-Depression Support Group

2<sup>nd</sup> Thursday each month, 4 PM House of Refuge Church, 123 E. Carlton St. Hillsdale, MI 49242 517-437-1138

#### Alpha Omega Care Center Prenatal Support Group

46 S. Howell Street 517-437-7020

#### Depression & Bipolar Support Alliance

Calvary United Methodist Church 925 Backus St. Jackson MI 49202 jaxdbsa@gmail.com 2nd & 4th Wednesday 6:30 pm

#### Henry Ford Allegiance Health Depression Support Group

517-789-5971 Monday 6—7:30 p.m.

#### Parkinson's Support Group by Perennial Park

Meets the 2nd Thursday of each month at 3:30 p.m.

#### Bereavement

#### Another Day Another Memory (ADAM) Grief Support Group

517-782-2551 Support for all ages (4 and up) Wed. potluck 6:15 pm Group 6:45 pm

#### Camp Courage Hospice of Hillsdale County

517-437-5252

A one-day grief camp for children ages 6-14 who have lost a loved one. Held every year in June the Saturday after Father's Day at Kimball Camp in Reading.

#### Family Impact Centers Grief Support Group

735 N. Grand Avenue Fowlerville, MI 48836 517-223-4428

#### Heart O' The Lakes Church

7031 Jefferson Rd. Brooklyn MI 49230 517-592-8623 Thurs. 1:00 p.m. (12-week cycle)

#### **Hospice of Hillsdale County**

124 S. Howell St. Hillsdale, MI 49242 (517) 437-5252

Grief Support; Group and individual counseling for adults and children

#### **New Beginnings by Perennial Park**

Meets every Friday at 12:00 For those who have recently lost a spouse 320 W. Bacon Rd., Hillsdale, MI 49242 (517) 437-2422

#### Living with Grief

This group is for adults who have experienced any type of loss. This adult support group is ongoing and welcomes new members at any time throughout the year.

Monday from 1:00 PM - 2:30 PM
One Jackson Square
Henry Ford Allegiance Hospice
100 E. Michigan Ave (4th Floor)
Jackson, MI 492011

#### Facebook

#### Empty Cradle, Full heart

Private Facebook group

#### Heartache and Hope: Life after Losing a Child

**Public Facebook Community** 

#### **Grieving Mothers**

Private Facebook Group

#### **Domestic & Sexual Abuse**

#### A Right to Innocence

A Self-Help Support Group for WOMEN who experienced incest or other sexual abuse as children or teens.

1<sup>st</sup> Wednesday of every month from 6-8 PM

Osseo, Michigan

(517) 523-3526

#### **Domestic Harmony Group Counseling**

For location,

call (517) 439-1454 or 1-888-439-1454 Tuesday: 7:00 PM - 8:30 PM Thursday: 7:00 PM - 8:30 PM

#### **Aware Shelter Support Groups**

706 W. Michigan Ave. Jackson, MI 49201

#### **Sexual Assault Group**

Free Group support for those how have experiences sexual assault.

Please call Valerie at 517-783-1638

Ext. 133 to Sign up.

#### **Domestic Assault Group**

Free group support for those who have experienced domestic violence. Please contact the Aware Shelter for more information 517-783-2861

#### Aware Kids's Club

Free & Confidential Support for any child 6-12 whose parents have experienced domestic Violence.

Please call Karis at 517-783-1638 Ext. 143 for dates and times.

#### **Support Groups**

#### Life Issues (Faith Based

#### **Crossroads Farms Barnyard** (6-12<sup>th</sup> Grade)

Faith Based Discussion and Counseling Youth Group

> 5520 Card Rd Reading, MI 49274 517-283-3982

#### **Dementia Related**

#### **Alzheimer's Support Group by Perennial Park**

Meets the 4th Wednesday of each month at 3:30 320 W. Bacon Rd.,

#### Marriage

#### **Building Better Marriages**

Weekly Workshops Adrian, Hillsdale & Jackson MarriageMattersJackson.com 517-796-5116

#### **Parenting**

#### SEE PARENT RESOURCES Page #22

#### **Family Impact Centers Single Mother Support Group**

735 N. Grand Avenue Fowlerville, MI 48836 517-223-4428

#### **Kinship Care by Perennial Park Senior Center**

320 W. Bacon Rd.. Hillsdale, MI 49242 1-800-479-3348

#### Family Service and Children's Aid Parent **Education Class**

Please contact Corey to schedule intake and 8-week course 517-787-7920 ext 515 Tuesday 10:00 AM - 12:00 PM Thursday 6:00 PM - 8:00 PM

#### **Divorced or Separated**

#### **SMILE**

Educational program for divorced parents with children under the age of eighteen.

Contact:

Jackson County Friend of the Court Office 517-788-4470 3rd Tuesday of the Month **Times Change** Call to confirm.

#### **Forget Me Not**

Educational program for separated parents with children under the age of eighteen.

Contact:

Jackson County Friend of the Court Office 517-788-4470 1st Tuesday of the Month **Times Change** Call to confirm.

#### **Thrift Stores**

#### Reading

#### June's Place

125 S Main St.

Reading, MI
517-283-1888

Thurs.—Sat. 9 am—5 pm

#### Hillsdale

#### **Hillsdale Community Thrift**

390 W. Carleton Hillsdale, MI 517-513-1729 Mon.—Sat. 9 am - 6 pm Sun. 12—5 pm

#### **Hot Deals**

1283 Hudson Rd.
Hillsdale, MI
517-610-5527
Tues.—Fri. 10 am—5 pm
Sat. 10 am—3 pm

#### **Salvation Army Family Store**

2940 W Carleton Hillsdale MI Mon.—Sat. 10 am—7 pm

#### **Outside of Hillsdale County**

#### **Open Door Free Store**

111 N. Main St. Concord, MI 517-524-6157 Mon., Thurs. 3—6 pm Sat. 10 am—1 pm

#### **Associated Charities**

221 S. Tecumseh St. Adrian, MI 517-265-7255 Tues., Thurs. 9 am—3 pm Wed. 12—6 pm Fri. 9 am—12 pm

#### Goodwill

1400 US-223 Adrian, MI 517-759-3600 Mon.—Sat. 9 am—6 pm Sun. 10 am—7 pm

398 N Willowbrook Rd. Coldwater, MI 517-278-3818 Mon.—Sat 9:30 am—8 pm Sun. 11 am—6 pm

Jackson, MI 517-789-6193 Mon.—Sat. 9:30 am—8 pm Sun. 11 am—6 pm

955 W. Argyle St.

#### Resale Depot

2390 Wildwood Ave. Jackson, MI 517-780-9099 Mon.—Fri. 10 am—6 pm Sat. 10 am—5 pm

#### Plato's Closet

1190 N West Ave Jackson, MI 517-998-6622 Mon.—Sat. 10 am—9 pm Sun. 11 am—6 pm

#### **Clothing Carousel**

717 W. Franklin St. Jackson, MI 517-782-7346 Mon.—Fri. 10 am—6 pm Sat. 10 am—4 pm

#### St. Vincent De Paul Store

1501 E Michigan Ave.
Jackson, MI
517-784-8377
Mon.—Fri. 9 am—7 pm
Sat. 9 am—3 pm

#### **Transportation & Gas Vouchers**

Edited 7/24/19

#### dited //24/19

#### **Medical Non-Emergency**

#### Seniors (60+) & Disabled Adults

Medicare patients call number on back of your card.

#### **DHHS**

(517) 439-2200

#### Perennial Park Transportation Services

(517) 437-2422

(within county, must be over 60 or disabled)

#### Veterans

#### Hillsdale Veterans Services

(517) 437-3630

Hillsdale Veterans services will provide transportation to services.

Call for information

#### Children's Special Healthcare

#### If child has Medicaid,

Call your DHHS (517) 439-2200

If child does not have Medicaid, Call 517-437-3385

#### **Patients with Medicaid**

Call the number on the back of your Medicaid card.

For further information, Call **DHHS** (517) 439-2200 www.michigan.gov/mdhhs

#### **Medical Equipment**

Dial-A-Ride

(517) 437-3385

Key Opportunities 517-437-3385

#### **Non Medical Transportation**

#### Dial-A-Ride Transportation- (517) 437-3385

Dial-a-Ride operates transportation services within the City limits from 7:15 a.m. until 4:15 p.m. Monday through Friday. Dial-a-Ride is closed between 11:30 a.m. and 12:30 p.m. each day for lunch.

- Adult (Ages 12 to 59) \$3.00
- Children (Ages 3 to 11) \$1.50
- Toddlers/Infants (Ages 2 and under) Free when accompanied by an adult
- Handicapped & Seniors (Ages 60+) \$1.50

#### **Gas Vouchers**

Some local agencies may have funding available to provide gasoline to residents. Contact Community Action Agency or Salvation Army for more info.

THIS FUNDING IS ALWAYS EXTREMELY LIMITED

#### **Veterans Benefits**

Hillsdale County Veteran Services (517) 437-3630

Jackson Community VA Medical Center 517-764-3609 Michigan Veterans Affairs Agency Veterans Resource Center 800.MICHVET

Download VA Welcome Kit

#### **Referrals To:**

Transitional Housing
Food Pantry
Life Skills Training
Job Opportunities/Referrals
Education
Health Care Services
PTSD Counseling
Transportation Assistance
Meals & Clothing
Support Groups

#### Emergency Housing

**Substance Abuse Intervention** 

**Legal Assistance** 

Ramps

Hillsdale County Veteran Services (517) 437-3630

Supportive Service For Veterans & Families (SSVF)

Community Action Agency Veteran Housing Advocate 800-750-9300

Homeless Veteran Crisis Line 1-877-424-3838 Community Action Agency 517-784-4800

#### **Burial Services**

#### **Advanced Burial Planning**

Veterans eligible for burial services can fax or mail their DD2145.
www.cem.va.gov

DHHS

(517)439-2200

Hillsdale County Veteran Services (517) 437-3630

Fort Custer National Cemetery

269-731-4164

#### Healthcare

St. Peters Free Clinic 517-437-8911 CHAMPVA

(VA Civilian Health & Medical Program)

800-733-8387

Jackson Community VA

517-764-3609

**National Veterans Administration** 

877-222-8387

#### Life Insurance

Veteran Group Life Insurance Benefits.VA.GOV/Insurance/VGLI

National Veterans Administration 800-669-8477

#### **Compensation & Pension**

Hillsdale County Veteran Services (517) 437-3630

#### **Education & Training**

Michigan Veterans Affairs Agency 800.MICHVET

MichiganVeterans.com

Department of Veteran Affairs
Education

888-442-4551

Michigan Works! Southwest Employment

517-437-3381

MI Veterans Employment Services

www.mitalent.org/veteran

#### **Mental Health**

**Jackson Community VA** 

517-764-3609

877- WAR- VETS

(877-927-8387)

Online Mental Health Screening Tool:

screening.mentalhealthscreening.org/MVAA

**Veterans Access, VA Choice Program** 

866-606-8198

Comfort Dog Ministry
St. Peter's Lutheran Church

#### Substance Abuse

Lifeways Community Mental Health 517-439-2641

#### **Crisis Line**

Veterans Crisis Line 800-273-8255

#### **Utilities/Rent Assistance**

**Supportive Services for Veteran Families** 800-750-9300

Michigan Bikers Helping Veterans

Www.supportmiveterans.org/veteran-

Return to Table of Contents

#### **Volunteerism**

Edited 9/11/19

#### THIS IS NOT AN EXHAUSTIVE LIST- MANY ORGANIZATIONS ACCEPT VOLUNTEERS AS NEEDED

Department of Health & Human Services

*Drivers* 517-439-2200

**Court Appointed Special Advocate** 

Advocates for Abused or Neglected Children 517-425-4145

**Foster Parents** 

Contact DHHS 517-439-2200

**Domestic Harmony** 

Women's Shelter 517-439-1454

**Community Action Agency Preschool** 

517-784-4800

**Girl Scouts** 

Contact Girl Scouts of Jackson 517-784-8543

**Boy Scouts** 

Contact First United Methodist Church 517-437-3681

**Perennial Park** 

517-437-2422

**Habitat For Humanity** 

517-437-3370

MSU Extension
4-H Project Leaders & Ag-citing Presenters

517-439-9301

**Great Start Collaborative** 

517-689-1815

**Greater Hillsdale Humane Society** 

517-523-2308

**Drew's Place Senior Center** 

517-437-7902

**Salvation Army** 

517-437-4240

**SPARC** 

Special needs education center 517-437-2762

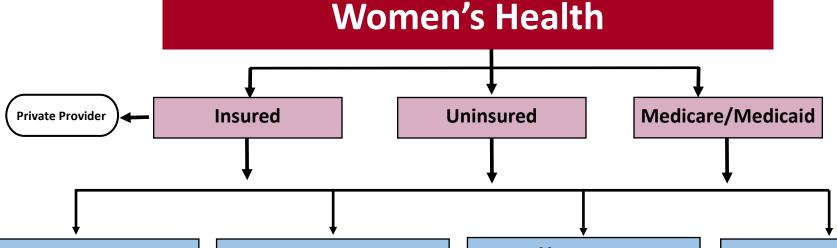
**Hospice of Hillsdale County** 

517-437-5252

Most Churches in Hillsdale offer some kind of volunteering opportunity, regardless of religions affiliation.

Contact your local religious leader to inquire

**Many Pubic Schools Accept Parent** 



#### **Family Planning**

St. Peters Free Clinic 517-437-8911

BHSJ Community Health Agency 517-437-7395

**Private Provider** 

#### **Annual Gynecological Exams**

Hillsdale Hospital OB 517-437-5280

Hillsdale Obstetrics & Gynecology (517) 437-5390

**Center for Family Health** 

*Jackson* 517-748-5500

OB/GYN Henry Ford Allegiance Health 517-205-4800

**Dr. Brian Sinischo** 517-437-8292

#### Mammogram

Hillsdale Hospital OB 517-437-5280

Hillsdale Obstetrics & Gynecology (517) 437-5390

**Center for Family Health** 

*Jackson* 517-748-5500

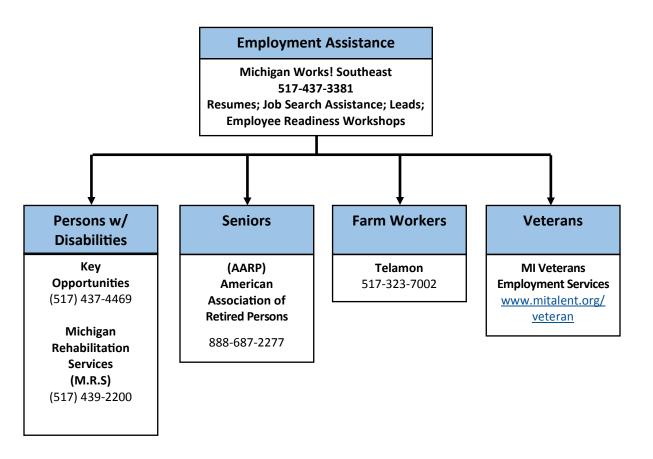
**OB/GYN Henry Ford Allegiance Health**517-205-4800

**Private Provider** 

#### Prenatal Loss & Postpartum Support

Alpha Omega 517-437-7020 See Support Groups Pages 35-36

# Workforce Development Employment & Training



#### **Online Job Search**

#### Websites:

Indeed.com

www.mitalent.org

mwse.org

Most towns have a Job Board on Facebook!

#### Training

Jackson College Hillsdale Campus

517-437-3343

Michigan Works! Southeast

517-437-3381

**Litchfield Regional Training Center** 

517-877-2490

See ADULT LITERACY

Page #3

**Training for People with Disabilities** 

Michigan Rehabilitation Services

877-901-9187

Michigan Career and Technical Institute (MCTI)

877-901-7360

**Adult Education** 

517-437-3381

Job Corp

16-24 low income 517-841-5646

248-301-2685 cell

#### **Youth Services**

#### School / Education (Local School Districts)

#### **Camden Frontier Schools**

Camden Frontier Middle/High School 4971 Montgomery Road Camden, MI 49232 517-368-5255

#### **Camden Elementary**

4951 Montgomery Rd Camden, MI 49232 517-368-5258

#### Hillsdale Community Schools

**Administrative Building** 

30. S. Norwood St., Hillsdale, MI 49242 517-437-4401

#### Hillsdale High School

30. S. Norwood St., Hillsdale, MI 49242 517-439-4320

#### **Davis Middle School**

30 N. West St., Hillsdale, MI 49242 517-439-4326

#### **Gier Elementary School**

175 Spring St., Hillsdale, MI 49242 517-437-7347

#### **Bailey Early Childhood Center**

59 S. Hillsdale St., Hillsdale, MI 49242 517-437-7369

#### **Hillsdale County Intermediate School District**

Administrative Office 310 W. Bason Street , Hillsdale, MI 49242 517-437-0990

#### Hillsdale Preparatory School

160 W. Mechanic, Hillsdale, MI 49242 517-437-7990

#### Jonesville Community Schools Jonesville High School

460 Adrian Rd. Jonesville, MI 49250 517-849-9934

#### Jonesville Middle School

401 E Chicago St. Jonesville, MI 49250 517-849-3210

#### Williams Elementary

440 Adrian Rd. Jonesville, MI 49250 517-849-9175

#### **Litchfield Community Schools**

Litchfield Middle/High School 210 Williams Litchfield, MI 49252 517-542-2386

#### Litchfield Elementary

213 N. Chicago St. Litchfield, MI 49252 517-542-2356

#### **North Adams-Jerome Public Schools**

North Adams-Jerome High 4555 Knowles Rd. North Adams, MI 49262 517-287-4214

#### North Adams-Jerome Elementary

4555 Knowles Rd. North Adams, MI 49262 517-287-4278

#### **Pittsford Area Schools**

Pittsford Elementary/Middle/High Schools 9304 Hamilton Pittsford, MI 49271 517-523-3481

#### **Reading Community Schools**

Reading High/Middle School 301 Chestnut Reading, MI 49274 517-283-2142

#### **Reading Elementary**

Strong Ave Reading, MI 49274 517-283-2188

#### **Waldron Area Schools**

13380 Waldron Rd. Waldron, MI 49288 517-286-6251

#### Will Carleton Academy

2001 Hallett R, Hillsdale, MI 49242 517-437-2000

#### Support for Homeless Students (county-wide)

#### McKinney-Vento

517-278-7233

mvcoordinator@yahoo.com

## **My Resources / Numbers List**

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